

Trainingsindeling seizoen 2019-2020

FBK:

Maandag

| | veld 1 | veld 2 | veld 3 | veld 4 |
|---------------|--------------------|----------------------|---------------|---------------|
| 18:00 - 18:30 | 18:00 JA1 + JB2 | | 18:00 | |
| 18:30 - 19:00 | Martin | | Wouter | |
| 19:00 - 19:30 | | | | |
| 19:30 - 20:00 | 19:45 DS 3 | 19:45 HS 4 | 19:30 HS 2 | 19:30 HS 1 |
| 20:00 - 20:30 | Martin | Ron | Jon | Rob |
| 20:30 - 21:15 | | | 21:15 | |
| 21:15 - 21:45 | 21:15 HS 3 | 21:15 DS 4 + DS 5 | DS 1+ DS 2 | |
| 21:45 - 22:15 | Martin | Mark | Rob | |
| 22:15 - 22:45 | | | | |
| 22:45 - 23:00 | | | | |

FBK:

Vrijdag

| | veld 1 | veld 2 | veld 3 | veld 4 |
|---------------|--------------------|--------|--------|--------|
| 17:30 - 18:00 | 17:30 MC1 + MC2 | | 17:30 | 17:30 |
| 18:00 - 18:30 | Ellen B | | | MA1 |
| 18:30 - 19:00 | | | | Peter |
| 19:00 - 19:30 | | | 19:00 | 19:00 |
| 19:30 - 20:00 | 19:30 | 19:30 | | |
| 20:00 - 20:30 | | Zit | | |
| 20:30 - 21:00 | | Edith | | |